

# **CONTENT OF THE MANUSCRIPT**

## **Word Count**

The abstract shall not exceed 300 words. The total word count of the manuscript, excluding references, shall be between 3,000 and 5,000 words.

## **Abstract**

The abstract must be written in English, using Times New Roman, 12-point font, and 1.15 line spacing. It should not exceed 300 words. The abstract must provide concise and informative content that is accessible and clearly states the main results obtained. It should summarize the research objectives, a brief methodology, major findings, and the conclusion. Abstracts must be submitted in Microsoft Word format. They should not include tables, figures, references, or equations.

## **Keywords**

Keywords should appear immediately after the abstract. Provide 4–6 keywords separated by commas.

## **Introduction**

The introduction may be written in English (Times New Roman), Sinhala (FM Abhaya), or Tamil (Kalaham). It should be concise, describing the research problem and its background. The introduction should highlight the significance of the study, review relevant literature, and outline the scope and limitations of the research.

## **Objectives**

The main objective and any sub-objectives of the study should be clearly defined.

## **Methodology**

The methodology should describe the methods used in the study, whether qualitative, quantitative, mixed methods, or otherwise. Provide sufficient detail on the research design, tools/techniques used, and the statistical analyses performed to generate the results.

## **Findings/Results**

Present the results in a logical manner, using graphs, diagrams, charts, and illustrations as appropriate. Tables should be used to enhance clarity. Use statistical diagrams and relevant visual aids wherever applicable.

## **Discussion**

The discussion should interpret the findings and explain their significance in relation to existing knowledge. It should highlight any new insights or understanding emerging from the results.

## **Conclusion**

The conclusion should help readers understand the significance of the research and its relevance. It must summarize the key arguments presented in the paper, showing how they address the research problem and meet the study's objectives. A brief summary and suggestions for future research should be included.

## **References**

Ensure that every reference cited in the text appears in the reference list. References must follow the APA 7th edition style. Examples of reference formats may be consulted in the APA Publication Manual (7th edition).

## **Acknowledgements**

Authors are encouraged to acknowledge:

- Funding sources
- Collaborators
- Supervisors or institutions (where applicable)
- Any intellectual or technical assistance received

All acknowledgements should be made with the permission of the relevant individuals or departments.

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## **PREPARATION CHECKLIST**

- The submitted work has not been published previously, either in full or in part.
- All materials owned by third parties have been properly credited, and necessary permissions have been obtained from copyright holders for use in all journal formats.
- Authors accept full responsibility for securing these permissions before submission.
- All listed authors qualify for authorship and have given permission to be included.

- Tables are included as editable text (not images), cited in the main text, and placed within the document.
- All figures are cited in the main text and inserted in the appropriate places. Figures/images have a resolution of at least 300 dpi and are provided in JPG or PNG format (original source files preferred).
- Tables and figures must be created within Microsoft Word and included in the body of the text, not placed at the end of the manuscript. For improved readability, tables should be kept simple. All tables, images, and figures must be centered. Figures/images should be numbered, with legends placed below them. Tables should also be numbered, with the table title placed above. If data are extracted from other sources, indicate the source immediately below the table.